

Pre-K Parent Resource Library Titles

Current listing as of March 5, 2009.

Unless otherwise noted, all listings are in book format.

Aggression:

1. Hands Are Not for Hitting by Martine Agassi (Children's Book)
Description: This book talks about the many good things our hands can do instead of hitting.

Autism:

1. Ten Things Every Child With Autism Wishes You Knew by Ellen Notbohm
Description: This book is written from the child's point of view. It touches on several issues associated with autism, such as helping with social interactions and how to identify meltdown triggers. The book also offers websites to help with things like picture schedules.
2. The Autism Sourcebook: Everything You Need to Know About Diagnosis, Treatment, Coping, and Healing by Karen Siff Exhorn.
Description: This book describes each part of the diagnosis process - diagnosis, treatment options, coping with various issues and healing. It also includes checklists, organizations for autism, internet resources and recommended reading.
3. The Autism Answer Book by William Stillman.
Description: This is a question/answer book. It covers more than 300 of the top questions asked by parents of children with autism, including topics on getting a diagnosis, fair discipline and school success.

Challenging Behaviors & Discipline:

1. Easy to Love, Difficult to Discipline: The Seven Basic Skills for Turning Conflict into Cooperation by Becky A. Bailey, Ph.D.
Description: Focusing on self-control and confidence building for both parent and child, Dr. Bailey teaches a series of linked skills to help families move from turmoil to tranquility.
2. The Kazdin Method for Parenting the Defiant Child by Alan E. Kazdin, Ph.D. (book and DVD)

Description: This book touches on a little bit of everything, from bad attitudes to stress and more.

3. Raising Your Spirited Child by Mary Sheedy Kurcinka

Description: This book talks about understanding the "spirited" child, working with that spirit and how to enjoy the spirit in your child.

Developmental Delays:

1. A Parent's Guide to Developmental Delays by Laurie LeComer, M.Ed.

Description: This book includes information on a range of developmental delays (including autism, ADHD, aggressive behaviors, learning disabilities, motor-control problems, etc.) and information on getting help for your child.

Divorce:

1. Mama and Daddy Bear's Divorce by Cornelia Spelman.

Description: This book talks about divorce through the eyes of a child and some of the fears and feelings associated with the process.

2. The Truth About Children and Divorce: Dealing With The Emotions So You and Your Children Can Thrive by Robert E. Emery, PhD.

Description: This book discusses topics like putting children first when a marriage comes apart, talking to children about separation, parenting plans, exploring new relationships, letting go and moving on and more.

Friendship:

1. Making Friends by Fred Rogers (Children's Book)

Description: This book talks about making friends and the ups and downs that go with childhood friendships.

Parenting Advise:

1. The Happiest Toddler on the Block by Harvey Karp, M.D.

Description: This book goes into to detail on how to use "toddler-ese" to help turn your "pint-size caveman into a happy, cooperative, and secure child". It covers a range of topics including: bedtime battles, separation anxiety, toilet training, aggression, and more.

2. How to Talk So Kids Can Learn by Adele Faber & Elaine Mazlish

Description: This books talks about how parents and teachers can help children handle everyday problems that interfere with learning.

3. How to Talk So Kids Will Listen & Listen So Kids Will Talk by Adele Faber & Elaine Mazlish (Book and Book on CD)

Description: This book talks about how to talk to your child about their feelings, cooperation, praise, and more.

Sensory Processing Disorders:

1. The Out-of-Sync Child by Carol Stock Kranowitz, M.A.

Description: This book covers a range of sensory processing disorders, from attention deficit disorder and autism to tactile and visual issues.

2. The Out-of-Sync Child Has Fun by Carol Stock Kranowitz, M.A.

Description: This book is a sequel to the above-mentioned book. It provides activities for children with sensory processing issues.

Sibling Rivalry:

1. Siblings Without Rivalry by Adele Faber & Elaine Mazlish

Description: This book guides the way to family peace and tranquility with humor and compassion for both parents and children. Illustrated, action-oriented, and easy to understand, it's packed with sensitive yet sensible ways to turn quarreling siblings and frustrated parents into an open, communicative family.

Toilet Training:

1. Mommy I have to go Potty by Jan Faull, M.Ed.

Description: Parent educator, Jan Faull, offers a simple, common-sense approach to teaching your toddler to use the toilet.

2. My Potty Book: A potty book for little boys by Kathryn Smith (Children's book). This is a children's book to help assist with potty training for little boys.

3. Potty Training Success by Huggies (DVD).

4. The Everything Potty Training Book by Linda Sonna, Ph.D.

Description: This book offers information on different methods for potty training your child. Information on readiness skills, regression and bedwetting is also included.

5. The No-Cry Potty Training Solution by Elizabeth Pantley.

Description: This book will help you determine the right time to begin potty training, create a plan for training, increase self-esteem and independence, motivate a reluctant potty user and more. This book also includes a safety checklists and childproofing strategies.

6. Caillou Potty Time by Joceline Sanschagrín.

Description: This book is for your child. It takes Caillou through the potty training process.

7. Dora's Potty Book by Melissa Torres.

Description: Dora describes the steps to her potty training success.

Working Parents:

1. The Working Parents Help Book by Susan Crites Price & Tom Price (Book and Computer Disk). 2 copies of this book.

Description: This book offers advice to working parents. Advice ranges from taking leave for a new child to finances and wills.