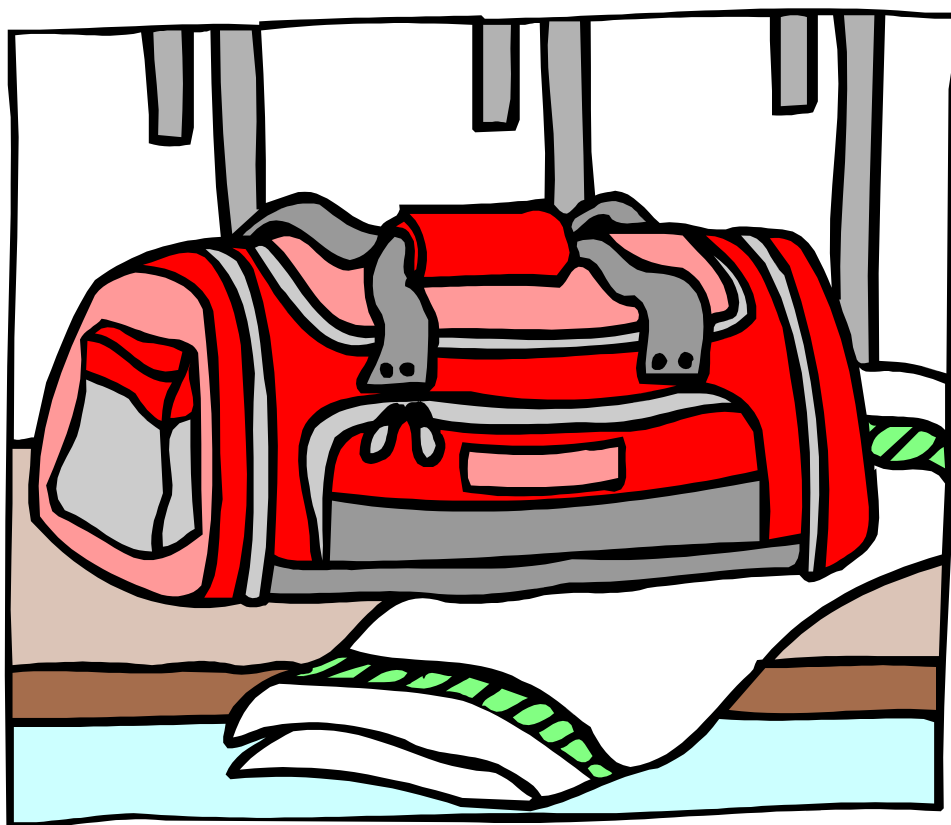


Belle Valley Athletics and Activities Handbook



2010-2011

Belle Valley District #119 Athletic Activities Guide

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Belle Valley Sports

Fall Sports

Tryouts for fall sports are in early August.

Softball – Tryouts open to all girls in grades 6th, 7th and 8th

Baseball – Tryouts open to all boys in grades 6th, 7th, and 8th

Soccer – Tryouts open to all girls and boys in grades 6th, 7th and 8th

Winter Sports

Tryouts for winter sports are in early October unless noted below.

Cheerleading – Tryouts open to girls in grades 7th and 8th (tryouts in September)

Volleyball – Tryouts open to girls in grades 5th, 6th, 7th and 8th

Boys' Basketball – Tryouts open to boys in grades 5th, 6th, 7th and 8th

Late Winter Sports

Tryouts for late winter sports are in early January.

Girls' Basketball – Tryouts open to girls in grades 5th, 6th, 7th and 8th

Boys' Volleyball – Tryouts open to boys in grades 7th and 8th

Chess – Tryouts open to girls and boys in grades 7th and 8th

Scholar Bowl – Tryouts open to girls and boys in grades 7th and 8th

Bowling – Tryouts open to girls and boys in grades 6th, 7th and 8th

Spring Sports

Tryouts are in mid March

Track – Tryouts open to girls and boys in grades 6th, 7th and 8th

Belle Valley Athletic Director & Coaches

Athletic Director Brandon Musso

Belle Valley Coaches

Softball Amy Evans
Baseball Jason Shea & Chad Willard
Soccer Tim Schueler
Cheerleading Lindsey Adams
5th/6th Grade Girls' Volleyball Pam Kniepkamp
7th/8th Grade Girls' Volleyball Lisa Kowalski
5th Grade Boys' Basketball Heather Lyerla
6th Grade Boys' Basketball Marge Belt
7th Grade Boys' Basketball John Brueggman
8th Grade Boys' Basketball Brandon Musso
Scholar Bowl Judy Herzog
Chess Team Tim Schueler
Bowling Jason Shea
5th Grade Girls' Basketball Yvonne Martinich
6th Grade Girls' Basketball Julia Ehret
7th Grade Girls' Basketball John Brueggeman
8th Grade Girls' Basketball Marge Belt
7th/8th Grade Boys' Volleyball Brandon Musso
Track Rhonda Hatridge & Liz David

Messages for coaches may be left with the secretary in the office at 234-7723.

Directions from Belle Valley to Schools in the Belle Fair Conference:

Central Junior High: 1801 Central School Rd., Belleville

Go west on Mascoutah Avenue. When you reach the stop sign on Rt. 12, turn left. Go west on Rt. 13 until you reach the stoplight on South Illinois (Rt. 159). At the stoplight, turn left (south) and continue south on 159 for about a mile until you reach Westhaven Drive. Turn left on Westhaven Drive. Go all the way down. Central Junior High is the second school on the left.

Joseph Arthur Middle School: 160 St. Ellen Mine Road, O'Fallon

Baseball, Softball, and Soccer are played at Joseph Arthur M.S. Go north on Hartman lane to Route 50. Turn left at light onto Route 50. At Aldi's turn left on to St. Ellen Mine Road. Joseph Arthur M.S. is located on the left side.

Basketball and Volleyball are played at Central School at 309 Hartman Lane, O'Fallon. It is located by the stoplight by the 15 cinemas movie theater in O'Fallon. Go North on Hartman Lane towards Fairview Heights. The school is on the left side of the road at the stoplight next to the cinema.

Emge School: 7401 Westchester Dr., Belleville

Basketball, Soccer, and Volleyball Head west on Hwy 15. Turn right at 74^h Street. Go straight thru the first stop light and the school is on your immediate left.

Baseball and Softball Head west on Hwy 15. Turn right at 74^h Street. Turn left at light onto Route 13 (Old Saint Louis Road). Continue over the top of Route 15 to stop sign. At stop turn left onto Eiler Road. West End Khoury fields are located on the right side approximately a quarter mile after your turn.

Grant School: 10110 Lincoln Trail, Fairview Heights

Basketball and Volleyball Take 159 north all the way to Lincoln Trail. Make a left on to Lincoln Trail. Travel on Lincoln Trail a couple of miles heading west until you reach the stoplight at Bunkum Rd. At Bunkum Rd. turn left. The school will be straight ahead.

Baseball, Softball, Soccer Take 159 north all the way to Lincoln Trail. Make a left on to Lincoln Trail. Travel on Lincoln Trail a couple of miles heading west until you reach the stoplight at Bunkum Rd. At Bunkum Rd. turn right. The fields are located on the left side just after crossing over Interstate 64.

High Mount School: 1721 Boul Avenue, Swansea

Basketball and Volleyball Take 161 West. You will pass Wade's Square on your left, and Jack in the Box on your right. High Mount is just past Jack in the Box on the left hand side.

Baseball, Softball, and Soccer Take 161 West. You will pass Wade's Square on your left, and Jack in the Box on your right. At High Mount School turn left onto Morgan St. At four-way stop go straight. At Duncan St. turn left. Follow Duncan St. until it ends and turn left onto Caseyville Ave. The fields are located at Melvin Price Memorial City Park

Pontiac School: 400 Ashland Dr., Fairview Heights

Take 159 North. At Krispy Kreme Donuts, make a right turn n Ashland Dr. Travel 5 or 6 blocks east on Ashland. Pontiac is on the right.

Shiloh School: 1 Wildcat Crossing, Shiloh

Take Green Mount Rd north till you hit the stoplight at Lebanon Ave. Turn right on Lebanon Avenue. Proceed all the way thru town to reach the only stop light. Turn left at this light until you see signs for Tamarak Golf Course. Turn left towards golf course and then another immediate left onto Wildcat Crossing. School is straight ahead

Signal Hill School: 40 Signal Hill Place, Belleville

Go west on West Main Street until you get to the stoplight at 95th Street. Turn left at 95th Street. Go a short distance, 95th street will become Signal Hill Place, the school is on your right.

West Junior High School: 840 Royal Heights Rd., Belleville

Take 161 past High Mount School to the stop light at Royal Heights Road. Make a left onto Royal Heights Road. West Junior High will be a ¼ of a mile on the left hand side of the road.

Whiteside School: 111 Warrior Way, Belleville

Go north on Greenmount Road Keep going until you reach Lebanon Avenue. Turn left on Lebanon Ave. Go west on Lebanon Avenue about ½ mile. Turn left on Warrior Way.

Wolf Branch School: 410 Huntwood, Swansea

Go north on Illinois 159. Make a left at the stoplight at Huntwood Rd. Go west on Huntwood Rd. about ½ mile. The old school is on the right; the new Junior High is on the left.

Belle Valley School Requirement to Tryout for Extracurricular Activities

Student participation in school-sponsored extracurricular activities is contingent upon the following:

1. The student must meet the academic criteria set forth in the Board policy on school sponsored extracurricular activities.
2. The parent(s)/guardian(s) must provide written permission for the student's participation, giving the District full waiver of responsibility of the risks involved.
3. The student must present a current certificate of physical fitness issued by a licensed physician, an advanced practice nurse, or a physician assistant who assures that the student's health status allows for active athletic participation.

The physical form and blank waiver can be found on the Belle Valley website at: www.bv119.org

Please turn these documents in to the school office or the school nurse.

Academic Criteria for Participation

For students in kindergarten through 8th grades: Selection of members or participants is at the discretion of the teachers, sponsors, or coaches, provided that the selection criteria conform to the District's policies. Students must satisfy all academic standards and must comply with the activity's rules and the student conduct code.

In order to participate in sports and extra curricular activities at Belle Valley, the student must maintain an overall C (75%) average in all subjects combined, and not be failing any subjects.

When grades are checked, the student cannot have any F's. Their overall average with all subjects combined cannot be below 75%.

NOTE: Grades are checked at each mid-quarter, and at the end of each quarter.

WHEN A CHILD DOES NOT MEET ACADEMIC REQUIREMENTS:

1. If the student does not meet the above academic criteria, the student will be informed by the Principal or Athletic Director and be placed on academic warning for 10 school days. The student is given written notification which is to be delivered to their parent(s)/guardian(s). Academic warning allows the child to continue practicing and participating in the games, but working extremely hard to improve their averages in all subjects.
2. At the end of the 10-day academic warning period, the grades are checked again. If the student's grades have maintained the academic requirements, the student will be removed from academic warning. If the student's grades have not met the academic requirements, the student will be suspended from participating in all practices and games for 5 school days. At this point time the parent(s)/guardian(s) will be notified.
3. After the fifth day of suspension, the grades are checked again. If the student's grades have maintained the academic requirements, the child may continue to participate in the activity. If the student has not met academic requirements, the child may continue to participate in the activity. If the student has not met academic requirements by the end of the 15-day period, they will be dismissed from the team. The parent(s)/guardian(s) will be notified of the dismissal by the athletic director or principal.

Behavioral Criteria for Participation

If the student's behavior results in an in-school or out-of-school suspension, the student will be disqualified from participating or attending any activity or sporting event for the duration of the suspension.

A student may be placed on probation for behavior. If inappropriate behaviors continue, he/she may be dismissed from the team

Student Attendance

A student must be in attendance for at least one half-day in order to participate in that evening or after school sport/activity.

Total Participation

Students are expected to attend all practice sessions and competitions. School teams and groups should be a priority. Missing a school activity to attend other events, such as, other sports will be dealt with on a case-by-case basis. Consequences will be determined by the coach, athletic director, and administration. Should an emergency arise, please contact the school so that the coach may be notified.

Team Rules

At the beginning of each sport coaches will pass out a letter of information containing rules and expectations. Failure to adhere to these rules could result in the removal from the activity.

All team members must turn in a signed Code of Ethics to their respective coach before their first contest. Any player who does not turn in a signed form will not participate in games until the Code of Ethics is returned with proper signatures.

24 - Hour Policy

In the event that a problem arises during an activity, the school asks for your cooperation in not approaching the coach at that time. Our school and coaches maintain a high level of safety for our students. Before, during, and after competitions coaches are required to perform many different responsibilities. This is not the best time to approach our coaches. We ask that you please contact the school the following day to talk with the appropriate individuals.

Board Policy 7:240

Code of Ethics for Participation in Extracurricular Activities

The superintendent, using input from coaches and sponsors of extracurricular activities, shall develop a conduct code for all participants in extracurricular activities consistent with Board policy and the rules adopted by any association in which the School District maintains a membership. The conduct code shall: (1) require participants in extracurricular activities to conduct themselves at all times, including after school and on days when school is not in session, and whether on and off school property, as good citizens and exemplars of their school, and (2) notify participants that failure to abide by it could result in removal from the activity. The conduct code shall be reviewed by the Building Principal periodically at his or her discretion and presented to the School Board.

All coaches and sponsors of extracurricular activities shall annually review the rules of conduct with participants and provide participants with a copy.

Please view the next 2 pages for the code of ethics for students and parents.

Belle Valley Parents' Code of Ethics

I hereby pledge to provide positive support, care, and encouragement for my child participating in Belle Valley sports by following this Parents' Code of Ethics.

- ❖ I will encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every game, practice, or other sports events.
- ❖ I will place the emotional and physical well being of my child ahead of a personal desire to win.
- ❖ I will insist that my child play in a safe and healthy environment.
- ❖ I will support coaches and officials working with my child, in order to encourage a positive and enjoyable experience for all.
- ❖ I will remember that the game is for the children – not for adults.
- ❖ I will do my very best to make Belle Valley sports fun for my child.
- ❖ I will help my child enjoy Belle Valley sports by doing whatever I can, such as being a respectful fan, and providing transportation for my child to and from games.
- ❖ I will ask my child to treat other players, coaches, fans, and officials with respect regardless of race, sex, or ability.
- ❖ I will remember that I am a parent, and that the game is for children and not adults.

(Detach Here: Please keep top portion and return bottom to your coach)

Sport: _____ Date: _____

Athlete's Name: _____ (Please Print)

Parent/Guardian Signature: _____

Belle Valley Player's Code of Ethics

I hereby pledge to be positive about my sports experience and accept responsibility for my participation by following this Players' Code of Ethics.

- ❖ I will encourage good sportsmanship from fellow players, coaches, officials, and parents at every game and practice by demonstrating good sportsmanship.
- ❖ I will attend every practice and game that I can, and will notify my coach if I cannot.
- ❖ I will do my very best to listen and learn from my coaches.
- ❖ I will treat my coaches, teammates, officials and fans with respect regardless of race, sex, or abilities and I will expect to be treated accordingly.
- ❖ I will encourage my parents to be involved in my team in some capacity because it's important to me.
- ❖ I will do my very best in school.
- ❖ I will remember that being a part of this team is a privilege for me and I must do my very best to make our team better.

(Detach Here: Please keep top portion and return bottom to your coach)

Sport: _____ Date: _____

Athlete's Name: _____ (Please Print)

Athletes Signature: _____

Uniform Care

The Booster Club along with the Belle Valley School District supplies athletic teams with team uniforms. Please be very careful when cleaning all of the team uniforms. It is our hope that with proper washing and care, they will last for many years.

- ❖ Please remember to wash the uniforms in COLD water. Fading may occur if cold water is not used.
- ❖ It is best to line dry the uniform. If needed, it can be put in the dryer on LOW HEAT.
- ❖ Please do not iron as this can melt the fabric and/or lettering.

After the season has finished, the student is responsible to wash the uniform and return it to their coach in a timely manner. Damaged uniforms or uniforms not turned in will be subject to a replacement cost.

If a student has not returned a complete uniform, he/she will be unable to participate in the end of the sport season celebration.