

Belle Valley South Physical Education Class 2010-2011
Rules, Expectations and Guidelines

WHO: 5th - 8th graders will participate in Physical Education class DAILY
(5TH AND 6TH Graders will **not** dress out for P.E.)

COURSE DESCRIPTION: Students will be exposed / introduced to a variety of individual and team activities. Emphasis will be placed on teamwork, sportsmanship, skill building, fitness and body awareness, strategic maneuvers and an overall knowledge of health and wellness.

ACTIVITIES

The following is a just a sample of the activities that your children will be offered during the '11-'12 school year. There may be units added or deleted at teacher discretion. Activity choices will vary based on grade level and space available to staff. 1st and 4th quarter activities are traditionally performed outside with 2nd and 3rd quarter activities being held inside. **Please note that we will go outside at any time during the year per teacher discretion and weather permitting.**

5th & 7th

Soccer
Track
Backyard Games
Walking / Orienteering
Disc Golf
Fitness Testing
Baseball / Softball
Rugby
Volleyball
Basketball
Bowling
Indoor Rec Games
Shuffleboard
Tennis
Archery
Fitness / Body Toning
Jump Rope
Floor Hockey

6th & 8th

Soccer
Track
Ultimate Frisbee
Flag Football
Cricket / International Games
Fitness Testing
Baseball / Softball
Lacrosse
Volleyball
Basketball
Bowling
Ping-Pong
Pickleball
Badminton
Handball
Fitness / Body Toning
Gymnastics / Tumbling
Team Handball
Golf

**** Each unit will last for 3 weeks. At the end of each unit, there will be a written unit test.**

****We will also be incorporating "Fitness Wednesdays" and "Game Play Fridays" where a variety of activities will be used as a break from the unit.-**

DAILY ROUTINE

Students will be expected this year to participate in a daily warm-up routine of exercises including some of the following: jumping jacks, push-ups, sit-ups, and stretching.

STUDENT EXPECTATIONS

1. Students will be expected to be in their assigned gym spot within 5 minutes of arriving in the locker room to change (7th, 8th) or immediately upon entering the gym with their class (5th, 6th)
2. Students are expected to treat all equipment with respect and not touch any items that are in the gym without permission from the teacher.
3. Students are expected to have the appropriate gym attire every day
4. Students are expected to participate to the best of their ability
5. Students are expected to treat teachers and classmates with respect.
6. Students are expected to use proper language and not engage in the use of profanity or inappropriate comments. **STUDENTS ARE EXPECTED TO BE QUIET WHILE A TEACHER IS SPEAKING / EXPLAINING.**

RULES

1. **NO** food, gum or candy is allowed in the gym. If they are given candy in another class prior to gym, they will not be allowed into the gym until they have eaten what they have.
2. Students are not allowed to leave the gym or outside areas without teacher permission. Exceptions will be made for students who are bleeding or feel like they are going to immediately be sick.
3. **DO NOT** touch any equipment that is in the gym without permission from the teacher.
4. P.E. uniforms are **NOT** allowed to be worn during the school day (7th, 8th). 8th grade students who have P.E. last hour **ARE REQUIRED** to change back into their school clothes to leave for the day. The only exception is for those students who are involved in an after school sport and have practice right after school.
5. P.E. uniforms are to be brought home on Fridays only, unless alternate arrangements have been made between the student / teacher.
6. All P.E. uniforms are to be kept in the assigned locker located in the gym locker rooms (7th and 8th grades only). Uniforms should not be stored in the students' school locker. If so, they will not be allowed to return to their locker to get it, unless prior arrangements have been made with the teacher.

DISCIPLINE CODE / RULE VIOLATIONS

Mr. Musso and Mrs. Evans have discretion over the discipline measure used per situation. Verbal warnings may be issued. Multiple verbal warnings may result in removal from class. If the violation is severe or a student has become disruptive or dangerous to other students, that student will be immediately removed from the class setting.

If food, gum or candy is found in the gym, that student will receive an after school detention automatically.

If a student leaves class without teacher permission, the students will be cited for skipping class and be referred to the office. A zero grade for the day may also be given.

If any equipment is touched without permission from the teacher, there will be an automatic 2 lap penalty given on the outside track, or 10 laps around the gym if we are inside that day.

If a student is discovered wearing their P.E. uniform in school, they will lose half of their daily participation points for that day.

GRADING

Students are given a daily participation grade. Grading is based on effort, attitude and participation in class. Participation grades are 66% of the students' grade, while written / physical assessments are worth 33%.

All students start each P.E. day with a participation grade of 10 points. It is up to that student to make sure that they keep all of those points for the day.

Points are deducted for the following violations:

Repeated warnings (3 or more times) to follow directions, be quiet while teacher is talking, or horseplay - *3 points deducted*

3 times failure to dress in full uniform (shirt, shorts, and appropriate shoes)
- 5 points deducted (each time)

Failure to dress in full uniform (3 times plus) 10 points deducted and ISR assigned

Improper shoes - 10 points deducted and In School Room assigned (this includes boots, slip on shoes, crocs, sandals)

Non-Participation - one free verbal warning given, if participation does not elevate after that, points will be deducted at teacher discretion.

Participation in warm-up activities will be worth 2 points

Participation in the daily activity will be worth 8 points

** If a student is placed in the ISR during PE time and is not in class, they will receive an automatic zero for the day.

UNIFORMS

The proper uniform for BVS Physical Education for 7th and 8th grade students is as follows:
Red shorts, white or light gray T-shirt (plain or with Belle Valley on it).

This may be purchased through the school or you may purchase similar items on your own.

Students are expected to have proper gym shoes (must be laced and tied with rubber soles). Please no boots, crocs, sandals or slip on shoes

Uniform rentals

If students forget their uniform, they will be able to rent a uniform for \$1.00 per day to avoid losing points. (Rental uniforms will be washed daily to ensure cleanliness.) Rental uniforms need to be returned after each use. There is no limit to the number of rentals, however each rental must be done at the beginning of each class period.

Students will be asked to remove all underclothes. This includes leggings, multiple T-shirts, any school clothes underneath, multiple shorts, sweatpants underneath. Students will be allowed to wear sweatpants or sweatshirts OVER their uniform if the weather dictates that it is appropriate. Students will be required to show the teacher that they are wearing their uniform first.

NO hoodies, jackets or sweatpants will be allowed to be worn when class is conducted inside - unless teachers have determined that the temperature inside the gym deems it necessary - or special arrangements have been made that day between the teacher and student.

Student assumes responsibility for any jewelry that they wear to P.E. and are asked to remove. We urge all students to lock up their jewelry prior to coming to P.E. class!!

If a student chooses to wear jewelry against teachers' advice, they do so at their own risk.

**** Failure to dress beyond 3 times (or failure to have appropriate shoes anytime) will result in the student being sent to the In School Room to complete sentences. If those sentences are completed by the end of the class session, student will be rewarded 5 of their 10 lost points back. If sentences are not complete by end of class session, there is not chance to earn those points back.**

**** If a student is asked to return to the locker room to remove any underclothes, this will result in the delay of class and a tardy will be given to that student.**

Tardies are a loss of 2 points for that day.

**** A letter will be sent home each time a student does not dress for P.E. (3 + offenses). The letter must be signed by a parent and returned.**

MEDICAL RELEASES

A parent or doctor note is required for a student to be excused from P.E.

A parent note is only good to get the student out of P.E. for 2 days maximum. Beyond that a doctor's note is required for further excused absences.

If a student is medically excused for longer than 2 days, they will be required to complete and in school, P.E. related assignment (worth 10 points) in order to receive their daily grade.

If a doctor's note was written then a written doctor's release is needed for the student to be able to participate in P.E. again.

TARDY POLICY

Students will be considered tardy if they are not in their assigned gym spots upon the whistle. A tardy will then be awarded in accordance with school policy, and will result in a loss of 2 points for that day.

TESTING

A written assessment will be given at the completion of each unit. This will result in the student having approximately 3 tests per quarter. Study guides will be provided prior to test day and adjustments will be made according to any special needs of the student.

Please feel free to contact us if you have any questions or concerns throughout the year.
We will be happy to help.

We look forward to a great year with your children and a fun year in P.E.

Please sign and have your child sign the following page and return to Mr. Musso or Mrs. Evans.

Thank you

Mrs. Amy Evans
234-7723 x58
aevans@bv119.net

Mr. Brandon Musso
234-7723 x24
bpmusso@bv119.net

** Please sign and return. You may keep the rest of the packet for your reference.

I have read and understand the expectations, rules and procedures for the 2010-2011
Special Area classes.

Student Signature

Date

Parent / Guardian Signature

Date

Technology Rules

Mr. Schueler

Grades:

Students will earn a participation grade each day simply by coming to class, listening, and completing simple tasks on their computer.

Students will earn test grades every 5 to 10 days by completing tests or projects at the end of each unit.

Discipline:

My style of classroom discipline is both patient and forgiving. I expect my students to make both behavioral and academic mistakes. The types of consequences I give vary depending on the situation. The consequences can be anything from a simple talk at my desk, to being given an after school detention, to being removed from class for multiple days.

Course Content:

5 th Grade	<ul style="list-style-type: none">- Internet Safety - Keyboarding Skills - Word, Excel, Powerpoint -
6 th 7 th 8 th Grade	<ul style="list-style-type: none">- Internet Safety - Basic Computer Operation<ul style="list-style-type: none">o Parts, Networks, File Management - Social, Ethical, & Human Issues<ul style="list-style-type: none">o Copyrights, Privacy Settings, Careers - Technology Productivity Tools<ul style="list-style-type: none">o Keyboarding, Word Processing, Spread sheets - Technology Communication Tools<ul style="list-style-type: none">o Electronic Publishing & Multimedia Presentations - Technology Research Tools<ul style="list-style-type: none">o Search Engines & Website Credibility - Problem Solving Tools<ul style="list-style-type: none">o Analysis of Real World Problems & Conducting Surveys

Belle Valley South Music Classes 2011-2012
Rules, Expectations, and Guidelines

WHO: 5th - 8th graders will participate in Music class DAILY for one semester

COURSE DESCRIPTION: Students will be exposed / introduced to a variety of individual and group activities. Emphasis will be placed on teamwork, participation, skill building, memorization of music, development of vocal abilities, singing in different parts, music theory, and an overall knowledge of musical genres and/or musical theater.

ACTIVITIES

The following is a just a sample of the activities that your children will be offered during the '10-'11 school year. There may be units added or deleted at teacher discretion. Activity choices will vary based on grade level and course level.

Music

Instruments (Multi-cultural)

Instrument Families

Karaoke

Voice and Instrument Parts within Choral and Band Groups

Choreography

Solfege

Folksongs

Music Theory

Musical Genres - Medieval, Baroque, Classical, Romantic, Jazz, 20th Century

Musical Theater - West End and Broadway musicals

Music Journaling

Music Projects

Music Critiques

Music Surveys

** Each unit will last for 3-5 weeks. At the end of each unit, there will be a written unit test.

**When time permits, Friday will be "Fun Friday". This day is used for educational music games and/or performances as a break from the particular unit being studied.

STUDENT EXPECTATIONS

7. Students will be expected to bring a pencil and notebook to class EACH DAY.
8. Students are expected to treat all musical equipment with respect and not touch any items that are in the room without permission from the teacher.
9. Students are expected to participate to the best of their ability.
10. Students are expected to treat teachers and classmates with respect.
11. Students are expected to use proper language and not engage in the use of profanity or inappropriate comments, especially towards each other. STUDENTS ARE EXPECTED TO BE QUIET WHILE A TEACHER IS SPEAKING / EXPLAINING.

RULES

7. NO food, gum or candy is allowed in the classroom. If they are given candy in another class prior to music/chorus, they will not be allowed into the classroom until they have eaten what they have. This can result in a tardy.
8. Students are not allowed to leave the class without teacher permission. Exceptions will be made for students who are bleeding or feel like they are going to immediately be sick.
9. DO NOT touch any musical equipment that is in the room without permission from the teacher.
10. Students will treat Mrs. McGinthy, themselves, and each other with respect. Name calling is not acceptable and will be dealt with accordingly.
11. Participation is required! The majority of music and chorus consists of student participation. If there is a lack of participation, the student's grade will be lowered.

DISCIPLINE CODE / RULE VIOLATIONS

Mrs. McGinthy has discretion over the discipline measure used per situation. Verbal warnings may be issued. Multiple verbal warnings may result in removal from class. If the violation is severe or a student has become disruptive or dangerous to other students, that student will be immediately removed from the class setting.

If food, gum or candy is found in the class, that student will automatically receive an after school detention.

If a student leaves class without teacher permission, the students will be cited for skipping class and be referred to the office. A zero grade for the day may also be given.

If any musical equipment is touched without permission from the teacher, there will be an automatic point deduction from the student's daily grade.

GRADING

Students are given a daily participation grade. Grading is based on effort, attitude and participation in class. All students start each music class with a participation grade of 10 points. It is up to that student to make sure that they keep all of those points for the day.

Points are deducted for the following violations:

Repeated warnings (3 or more times) to follow directions, be quiet while teacher is talking, or horseplay - *3 points deducted*

Non-Participation - one free verbal warning given. If participation does not elevate after that, points will be deducted at the teacher's discretion.

Talking in class - one free verbal warning given. If the talking continues, points will be deducted at the teacher's discretion. If it continues to persist, an after school detention may be given.

** If a student is placed in the ISR during music time and is not in class, they will receive an automatic zero for the day.

** Students given in school or out of school suspensions will receive an automatic zero for the day.

TARDY POLICY

Students will be considered tardy if they are not in their assigned seat upon the start of class. A tardy will then be given in accordance of school policy.

TESTING

A written assessment will be given at the completion of each unit. This will result in the student having approximately 2-4 tests per quarter. Study guides will be provided prior to test day and adjustments will be made according to any special needs of the student.

Please feel free to contact us if you have any questions or concerns throughout the year. I will be happy to help. I'm looking forward to a great year with your children in music and chorus.

Please sign and have your child sign the following page and return to Mrs. McGinthy.

Thank you,

Mrs. Sara McGinthy
smcginthy@bv119.net
618-234-7723 ext. 36

** Please sign and return. You may keep the rest of the packet for future reference.

I have read and understand the expectations, rules, and procedures for the 2011-2012 music class.

Student Signature

Date

Parent / Guardian Signature

Date

Belle Valley South Chorus Class 2011-2012

Rules, Expectations, and Guidelines

WHO: 7th - 8th graders will participate in Chorus class DAILY for one semester
AND on a pullout basis for one semester

OR

7th - 8th graders will participate in Chorus class on a pullout basis for both semesters

COURSE DESCRIPTION: Students will be exposed / introduced to a variety of individual and group activities. Emphasis will be placed on teamwork, participation, skill building, memorization of music, development of vocal abilities, singing in different parts, music theory, and an overall knowledge of musical genres and/or musical theater.

ACTIVITIES

The following is a just a sample of the activities that your children will be offered during the 2011-2012 school year. There may be units added or deleted at teacher discretion. Activity choices will vary based on grade level and course level.

Chorus

"God Bless America" - St. Louis Cardinals Game

Belle Fair Festival (select students only)

Christmas Caroling (to nursing homes, hospital, elementary grades)

Christmas Concert

Sweetheart Cabaret

Solo & Ensemble Contest (select students only)

St. Clair County Choral Festival (select students only)

Organizational Contest

State Organizational Contest

Spring Concert

Music Theory

Voice Parts within Choral Groups

Solfege

Karaoke

Choreography

STUDENT EXPECTATIONS

12. Students will be expected to bring a pencil and 3-ring choral binder to class EACH DAY.
 13. Students are expected to treat all musical equipment with respect and not touch any items that are in the room without permission from the teacher.
 14. Students are expected to participate to the best of their ability.
 15. Students are expected to treat teachers and classmates with respect.
 16. Students are expected to use proper language and not engage in the use of profanity or inappropriate comments, especially towards each other.
- STUDENTS ARE EXPECTED TO BE QUIET WHILE A TEACHER IS SPEAKING / EXPLAINING.

RULES

12. NO food, gum or candy is allowed in the classroom. If they are given candy in another class prior to chorus, they will not be allowed into the classroom until they have eaten what they have.
13. Students are not allowed to leave the class without teacher permission. Exceptions will be made for students who are bleeding or feel like they are going to immediately be sick.
14. DO NOT touch any musical equipment that is in the room without permission from the teacher.
15. Participation is required! The majority of music and chorus consists of student participation. If there is a lack of participation, the student's grade will be lowered.

DISCIPLINE CODE / RULE VIOLATIONS

Mrs. McGinthy has discretion over the discipline measure used per situation. Verbal warnings may be issued. Multiple verbal warnings may result in removal from class or issued an after school detention. If the violation is severe or a student has become disruptive or dangerous to other students, that student will be immediately removed from the class setting.

If food, gum or candy is found in the class, that student will automatically receive an after school detention.

If a student leaves class without teacher permission, the students will be cited for skipping class and be referred to the office. A zero grade for the day may also be given.

If any musical equipment is touched without permission from the teacher, there will be an automatic point deduction from the student's daily grade.

Parents will be contacted if repeated misbehavior occurs in the classroom.

GRADING

Students are given a daily participation grade. Grading is based on effort, attitude and participation in class. Participation grades and mandatory performances are made up for students' grades.

All students start each chorus class with a participation grade of 10 points. Morning chorus attendance is worth 5 points. It is up to that student to make sure that they keep all of those points for the day.

Points are deducted for the following violations:

Repeated warnings (3 or more times) to follow directions, be quiet while teacher is talking, or horseplay - *3 points deducted*

Non-Participation in class - one free verbal warning given. If participation does not elevate after that, points will be deducted at the teacher's discretion.

Concert/Performance Attendance - if a student is excused from school the day of the concert, then he/she is excused from the concert. Otherwise, a student will receive a test grade of zero for not attending the performance. If a student has two unexcused absences from performances, he/she will receive a zero for each and will be removed from chorus effective immediately.

Talking in class - one free verbal warning given. If the talking continues, points will be deducted at the teacher's discretion. If it continues to persist, an after school detention may be given.

Not bringing supplies to class - 2 points deducted. If this happens 3 or more times, the student will receive an after school detention. Each consequent time after that, a student will receive an after school detention.

**** If a student is placed in the ISR during chorus time and is not in class, they will receive an automatic zero for the day.**

**Students given in school or out of school suspensions will receive an automatic zero for the day.

****Failure to maintain passing grades, attend all choral functions, have proper behavior, etc. will result in the removal from future choral functions including, but not limited to, band and chorus picnic, Christmas caroling, Graduation performance, and assembly performances. This is held at the discretion of Mrs. McGinthy and/or the Belle Valley Administration.**

ATTENDANCE

As of now, choral students meet each day or every other day based on the semester and their schedule. Due to the fact that 7th and 8th grade students do not have chorus together during the day, they are required to attend morning chorus on Tuesdays and Thursdays at 7:00 am in Mrs. McGinthy's room frequently throughout the year. A schedule will be sent home of morning chorus dates. If students do not have a ride, Mrs. McGinthy will help to find rides for the child with friends. Please do not let this deter you from joining chorus.

CONCERT ATTIRE

Belle Valley Chorus will wear the following items at concerts unless otherwise directed:

1. Belle Valley South Chorus Polo Shirt (available for \$9.00)
OR
Belle Valley South Chorus T-shirt (available for \$6.00)
2. Black pants (NOT black jeans) or black skirt (NO short skirts)
3. Black socks or pantyhose
4. Black shoes (NO heels over 3 inches max. and NO tennis shoes without prior approval)

TARDY POLICY

Students will be considered tardy if they are not in their assigned seat upon the start of class. A tardy slip will then be given in accordance with school policy.

TESTING

Because chorus is a performance-based class, students will receive test grades for all performances. If a performance is unexcused, the student will receive a grade of zero for that test. All concerts, Organizational Contest, and State Organizational Contest are **MANDATORY** for students to attend. Unless your child is sick, there will be a grade of zero given.

The Belle Valley Activity/Sports Handbook states that all Belle Valley activities hold precedence over select sports teams. If a choral student is on a select sports team, he/she will need to make sure to attend the Belle Valley concerts or performances. Otherwise, a grade of zero will be given. Notice of concert dates and times will be given as soon as we are notified (i.e. Organizational Contest and State Organizational Contest). Concert dates are set already for this year. We will find out dates for other contests during the fall.

MUSICAL PERFORMANCES

Belle Valley Chorus is a performance-based class. Concerts and other performances count as test grades for each student. Missing a performance will result in a zero for the student's test grade. If a student is absent from school, the child will be excused. It is extremely important that students do not miss a performance of any kind. It will drastically affect their grades.

St. Louis Cardinals Game Performance - Tuesday, August 9th - Optional
Belle Fair Festival - Monday, November 28th - Joseph Arthur MS -Select Students
Christmas Concert - Monday, December 19th at 7pm - Mandatory
Sweetheart Cabaret - Monday, February 13th at 7pm - Mandatory
Solo & Ensemble Contest - Saturday, February 25th - All Day - Select Students

Organizational Contest - Date and Time TBD - Mandatory
Spring Concert - Monday, April 30th at 7pm - Mandatory
State Organizational Contest - Date and Time TBD - Mandatory
St. Clair County Music Festival - TBD by IGSM - Select Members Only
Eighth Grade Graduation - TBD - Select Eighth Graders Only

Please feel free to contact me if you have any questions or concerns throughout the year. I will be happy to help. I'm looking forward to a great year with your children in chorus. Please sign and have your child sign the following page and return to me.

Thank you,

Mrs. Sara McGinthy
smcginthy@bv119.net
618-234-7723 ext. 36

** Please sign and return. You may keep the rest of the packet for future reference.

I have READ AND UNDERSTAND the expectations, rules, and procedures for the 2011-2012 chorus classes.

Student Signature

Date

Parent / Guardian Signature

Date